

65 Central Park West
Suite D1
New York, NY 10023
646-406-2421



119 W 57th Street
Suite 1100
New York, NY 10019
202-641-5126

FEES AND INSURANCE

The following information is provided in order that therapists and clients have a clear, mutual understanding of the business side of their work together. Of course, these policies are subject to some negotiation in hardship cases. Please feel free to ask about anything that is unclear.

PROFESSIONAL FEES

The nature and size of this private practice are such that it is not possible to work directly with insurance companies for reimbursement. It is therefore necessary that the client pay directly for services rendered, and then seek reimbursement from their insurance companies. An invoice with corresponding codes for insurance reimbursement will be provided.

Fees for each 45-minute individual counseling or therapy session

- \$350 – individual session
- \$450 – couple or family session

Psychiatric evaluation

- Initial assessment \$450

Group Therapy

- Costs vary by group and meeting length

All fees are payable at the time that services are rendered. All accounts should be paid in total at least monthly. Fees may increase periodically.

Other Professional Services

In addition to weekly appointments, I charge this same hourly rate for other professional services you may need, though I will prorate the hourly cost if I work for periods of less than one appointment hour. Other professional services include report writing, telephone conversations, attendance at meetings with other professionals you have authorized, preparation of treatment summaries, and the time spent performing any other service you may request of me. If you become involved in legal proceedings that require my participation, you will be expected to pay for any professional time I spend on your legal matter, even if the request comes from another party. The amount charged per hour for professional services I am asked or required to perform in relation to your legal matter varies by service rendered. I also charge a copying fee of \$0.75 per page for records requests.

Missed Appointments

Scheduled appointments are made one to two weeks in advance, and a given hour is considered blocked for a particular client. Thus, a late cancellation usually results in an open hour, inconvenience, and a loss of revenue. Therefore, cancellations made less than 48 hours before the appointment or missed appointments (no-shows) will be billed at the full rate. Of course, exceptions will be made to this policy in the case of emergency.

Insurance

All or some portion of this fee may be covered by the client's health insurance policy. The nature and size of this private practice are such that it is not possible to work directly with insurance companies for reimbursement. It is therefore necessary that the client pay directly for services rendered, and then seek reimbursement from their insurance companies. Any help needed in submitting bills, however, will be gladly offered.

Forms of Payment and Credit Cards

Cash, check, all major credit cards, and medical cards are all acceptable forms of payment.

A \$35 fee will be charged for any returned check.

If your account has not been paid for more than 60 days and arrangements for payment have not been agreed upon, I have the option of using legal means to secure the payment. This may involve hiring a collection agency or going through small claims court. If such legal action is necessary, its costs will be included in the claim. In most collection situations, the only information I will release regarding a patient's treatment is his/her name, the dates, times, and nature of services provided, and the amount due.